

PSPD Curriculum Map units of study

Year 1	Module 1	Module 2	Module 3	Module 4	Module 5	Module 6
	<i>Being me in my world</i>	<i>Celebrating differences</i>	<i>Dreams & Goals</i>	<i>Healthy Me</i>	<i>Relationships</i>	<i>Changing me</i>
Phase 1	Rights and responsibilities	Being kind	Determination and goals	Healthy choices	Friends and Families	Growing up
Phase 2	Rules, rights and responsibilities	Cultural differences and dealing with conflict	Ambition and overcoming obstacles	Healthy lifestyles	Friends, families and staying safe online	What we need to live and grow - Puberty
Phase 3	Identity, rights and responsibilities	Prejudice & discrimination	Aspirations and careers	First Aid & Substance abuse	Characteristics, personal qualities & online safety	Puberty and conception
Phase 4	Social media and democracy	Equality, protected characteristics & society	Accepting realistic goals and steps to success	Substance abuse & impact on health	Challenges in relationships & cycles	Conception & gender identity

Year 2	Module 1	Module 2	Module 3	Module 4	Module 5	Module 6
	<i>Being me in my world</i>	<i>Celebrating differences</i>	<i>Dreams & Goals</i>	<i>Healthy Me</i>	<i>Relationships</i>	<i>Changing me</i>
Phase 1	Rules and responsibilities	Differences make us special and unique	Teamwork & sharing success	Healthy Eating	People who can help me	Human life cycles
Phase 2	Sharing my opinion	Anti - Bullying	Dreams and goals around the world	Social media and healthy lifestyles	Rights and responsibilities online	Puberty - changes & relationships
Phase 3	Identity online	Anti - Bullying - types of bullying	My future & my choices	Healthy lifestyles choices and their impact	Healthy and unhealthy relationships - consent	Conception
Phase 4	Online safety and the law	Anti - Bullying, inequality and the law	Goals, priorities and balance	Physical health, well being & sexual health	Safety in relationships	Relationships and the law

Year 3	Module 1	Module 2	Module 3	Module 4	Module 5	Module 6
	<i>Being me in my world</i>	<i>Celebrating differences</i>	<i>Dreams & Goals</i>	<i>Healthy Me</i>	<i>Relationships</i>	<i>Changing me</i>
Phase 1	Choices and actions	Anti - Bullying	Professions	Safety	Building positive relationships	Cycles of life in nature

Phase 2	Me and my school	Characteristics - celebrations & cause of conflict	Determination & steps to success	Health & wellbeing	Feelings & Relationships	Puberty and healthy choices
Phase 3	Identity - influencing my relationships	Anti - bullying & protected characteristics	Budgeting and finances	Health and wellbeing	Stages of relationships	Intimate relationships
Phase 4	Intimate relationships and consent	Prejudice & protected characteristics	Media, self - esteem & wellbeing	Substance abuse & the law	Assertiveness, consent and sexual health	Self image and body changes